



August 2018

Welcome Back to School!

We are gearing up for a great start to the school year and can't wait to get cooking! Our job is to make sure that we serve healthy, well-balanced meals that students will enjoy eating, and truth be told, we love our job. From the chefs and dietitians who develop tasty recipes to the managers who meet with farmers to select the best locally grown produce, to the cashiers and servers who greet our students every day, our team is excited to make eating at school a great experience. Make sure to check out your school café for delicious breakfast, lunch and snack options and look below to see what's cooking in your café this year:

Menu Highlights:

Student Approved favorites can be found throughout our menus. This year we will be offering some of the student's favorite foods at our elementary schools such as "Just Say Cheese." Favorites like Macaroni & Cheese, Philly Cheese Steaks, Grilled Cheese & Tomato Soup, Tacos, Taste of Italy and many more. At our Middle and High School, the Baja Flats entrees return with Grilled Chicken Caesar Salads, Brunch for Lunch, Burger Bars and Chicken Fajitas. We will be introducing new food items to the menu that are both nutritious and delicious, including Low Fat Yogurt Parfaits, Wild Greens Entrée Salads, Oven Roasted Veggies and Whole Grain Pasta Entrees and regular pasta.

Simply Good:

No fuss, no gimmicks, just Simply Good food. That's what our Simply Good program is all about! Throughout the year, students will have the opportunity to learn more about the food they eat and about new foods through fun activities in the café. *Simply Good* events and programs focus on making good food choices and the great benefits and enjoyment of delicious, simple ingredients. Different themes and events are featured throughout the school year. Look for more information about all of our Simply Good events on our website.

Meal Prices:

"Pre-paid" lunches are \$2.75 in elementary schools and \$3.00 in secondary schools (Middle and High).

	Breakfast	Lunch
Paid	\$ 1.50 Elementary /Secondary \$1.50	\$2.75 Elementary/ Secondary \$3.00
Reduced	\$.30 All Grade Levels	\$.40 All Grade Levels
Adult	\$2.00	\$3.75

Low-fat milk is available with all meals. All 8 oz. milk- .60

Other Information:

Our mission is to service nutritious, well-balanced meals that appeal to our students and school community and we are committed to providing the best food options and nutrition education for your child.

We want to hear from you! Please feel free to contact Viet any time at Vhoang@kcsd.org or 610.444.1373 or Christian Lagunas at Clagunas@KCSd.org or 610.444.7725.

To learn more about Chartwells, visit our website at www.eatlearnlive.com or find us on Facebook (Chartwells School Dining Services) or Twitter (@ChartwellsK-12).

Best Regards,

Viet Hoang
Director of Dining Services
Chartwells School Dining Services

